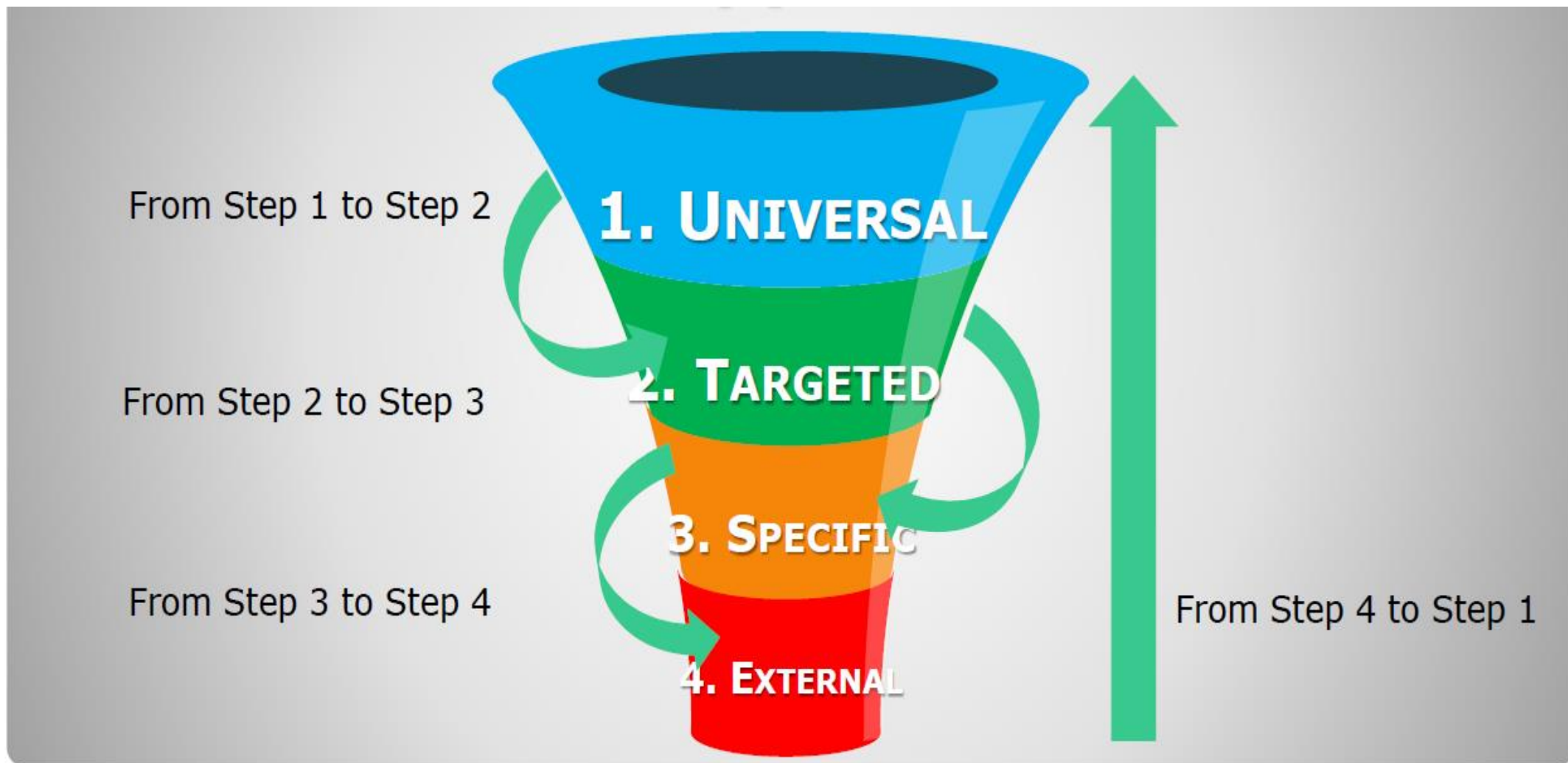




# Life Skills Manor for Autism





#### Universal (whole school)

**Therapy input:** includes whole school approaches = 100% of the school access.

**Intervention offer:** OT baseline assessment, Daily Mile walk, Thrive Whole Class Sessions, Cooking Groups, DIY Groups, Allotment and Animal Care Groups, Handwriting and Fine motor skill Whole Class Sessions (KS2/3), Sensory circuits Whole Class Sessions (KS2/3), Lego Therapy Class Sessions (KS2/3), Touch-typing skill programme (Typesy), Pastoral flexi support.

**Parental/carer input:** initial developmental history meeting with occupational therapist, annual review meetings, parent/carer coffee mornings, parent training.

**Staff:** Whole staff training and approaches e.g. sensory friendly classrooms, using widget, thrive training, autism friendly strategies - now and next boards, movement breaks.

#### Targeted (joint working with a focus)

**Therapy input:** 1:1 input with teaching assistant, teacher or group work/indirect work with therapists. = approx 50% school access at one time.

**Intervention offer:** Girls Group, Roller skating Group, Travel Training Group, Personal Training Group, Boxing Group, Shopping Group, Bike Riding Group, Model Making Group, Social Communication Skills Group, OT Functional Independence Skills Groups, Horse Riding Groups.

**Parental/carer input:** modelling of a strategy/approach and programmes for parents/carers to try at home (e.g. gross motor skills)

**Staff:** Teacher meetings, targeted training e.g. eating disorders, dyslexia, mental health ect.

#### Specific (1:1 professional)

**Therapy input:** may include 1:1 formal assessment and written report, 1:1 OT/saLT/psychotherapy/physiotherapy led intervention based on EHCP needs/identified need = 25% school access at one time.

**Intervention:** Standardized/non-standardised assessment/ 1:1 therapy sessions.

**Parental/carer input:** filling out questionnaires to inform assessment, handover meetings directly with a therapist, 1:1 or intervention sessions with a psychotherapist.

#### External

**Therapy input may include:** liaison with CAMHS, A&E, social services, medical care (health) and external allied health professionals.