

Life Skills Manor For Autism

Term 4 - 2024

Welcome to our school newsletter. In this edition we will showcase students' achievements, share the exciting extra-curricular events and recap on the many trips and workshops we have done this term. As part of the Life Skills Manor community, we work as a team and show respect to each other. We learn our kindness, guidance and leadership can help other and that we can always build on the knowledge that we have.

Whole School

World Book Day

On March the 7th we took part in World Book Day. Many of us dressed up as our favourite characters. Here are some of the costumes that we wore. See if you can figure out what books we come from?

"Watch with glittering eyes the whole world around you, because the greatest secrets are found in the most unlikely places. Those who don't believe in magic, will never find it" - Roald Dahl













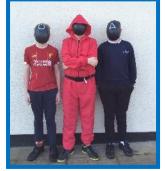












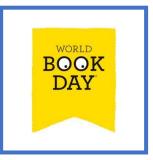




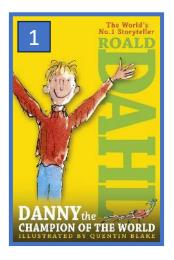


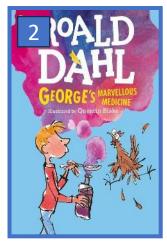


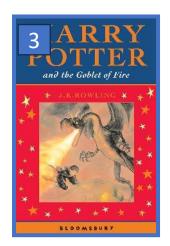




Competition

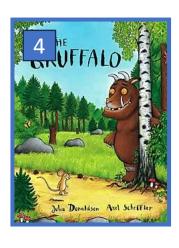




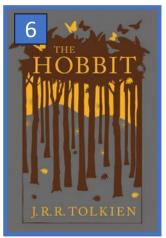




As part of World Book Day we have asked the staff around LSM what their all-time favourite children's book was. See if you can match up the staff with their chosen book. To win a prize simply write down the number and the correct letter along with your name and hand it into James. The first correct answer will win a prize. Good luck!!!







A- Paul

B- Mickey

C-Sophie

D- Craig

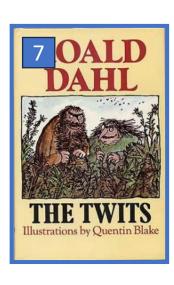
E- James

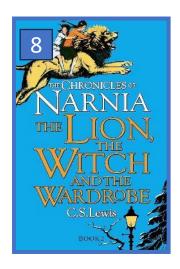
F- Jo

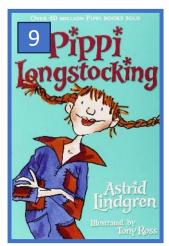
G-Rob

H-Sally

I-Kat







Assembly



In our assemblies this term we covered International Women's day where we got to hear about the wider role that women have played in our country and around the world. Mars class did an amazing job presenting their research about a lot of influential women.



With UK General Elections having to take place this year, Sophie delivered an assembly about democracy.
We went through all the main political parties in the UK, how the voting process works and who is eligible to vote.
The students are looking forward to taking part in our own elections later in the year.

Therapy

With the warmer weather finally starting to show itself we have been carrying out some of our interventions outside, which the students have been really enjoying.

The team are also excited that in the new term, we will be getting two more spaces to carry out interventions. There will be a new area made in the therapy house and garden. We are particularly looking forward to the new summer house in the therapy garden so children can see the animals whilst completing their therapies. We are also looking forward to welcoming Hayley who will be joining us to carry out interventions based around literacy.

Model making

In our Therapy House students continued with their model making. This has helped develop their resilience and fine motor skills. Some of the models that pupils have been working on are Star wars models, a BMW Z1 car, WW2 tanks and a Mark 18 Spitfire.





Chinese New Year



John created a great meal to celebrate Chinese New Year. This included Chicken Chow Mein, sweet and sour chicken, a spring roll and prawn crackers. It was very delicious, and we even had the opportunity to use chop sticks.

Mars

Term 4 has been packed and we have managed to cram all sorts of learning and activities in to broaden our horizons. Maths lessons have had a focus on measurements: especially mass and capacity, linking our learning to everyday life. We moved onto fractions: adding and subtracting fractions with the same denominator, or denominators that are multiples of and then simplifying our answers.

In English, we have focused on the features of a traditional tale. Students then studied the traditional tale and focused on constructing stories, breaking it into a beginning, a middle and an ending. Then planning, editing, and retelling the traditional tale in their own words using key features. More recently, we have studied the key features of a persuasive letter. Keeping the theme of our traditional tale but understanding the importance of each feature. Reading continues to be a big focus with every student reading daily.



Our weekly enrichment trips this term have included, a visit to Betteshanger Park, the Turner Gallery, where the children appreciated an array of artworks, Juliett's café where the students ordered and paid for their own drink, a trip to Wildwood where we all got muddy but had lots of fun anyway and a walk along Deal seafront to get an ice-cream. On top of this we welcomed EKC in for a careers workshop, celebrated World Book Day, supported Red Nose Day and had Audrey in for some French learning all about Easter. Not to mention we have been learning all about light in our science topic! What a busy but fun term!



Mercury



been looking at traditional tales and looking at key features a tale needs. We had an online workshop with a few authors including Michael Rosen and the students were able to listen to some ideas on how to write a short story. We also looked at this during our lessons and we created our own. This was followed by activities leading up to World Book day and a visit to a local Library where the students were able to pick a few books to leave in our classroom for DEAR time. We have continued with our "Light" topic in Discovery and carried out a few more investigations on Reflection and Refraction.

This term in English, Mercury class have

The Three Brave Mice Written by Ruby Morrison

The golden sun shone on the green valley. The three mice were bored of the same mouldy bread and sour milk. The first mouse had white fur and red eyes. She liked scurrying on the old wooden shelves. The second mouse was brown with blue eyes. He liked hiding behind the cracked glass jars. The third mouse was a chocolate brown with emerald, green eyes. She was very mysterious and was secluded in the oddest of nooks and crannies. There was a famous bakery, full of delicious pastries and beautiful cakes. It was guarded by a large grey tabby cat who loved nothing more than a sweet mouse.

The smallest mouse scurried into the doorway, greeted with a swipe from the cat. "Little mouse, little mouse, why do you enter the bakery knowing it will not end well for you?" the cat said, her coal black eyes glaring malevolently. "I only came here to scout the area for my older brothers! May I have a bite of cake if I lead my older brother here?" the little mouse said. "Of course," the cat said, her tail swishing at the thought of a more filling meal. The small mouse gave a signal, then scurried off to take a bite of a red velvet cake.

A brown mouse, the second oldest mouse, scurried through the doorway. The cat swiped at him, catching his tail. "Medium mouse, medium mouse, what a lovely surprise!" the cat said, dangling the mouse by his long salmon-pink tail. "I only came here because my little sister gave the 'run' signal. Am I allowed to have a bite of sausage roll if I get my older brother?" the mouse said, blue eyes glinting like sapphires. "Of course," the cat said, lowering him onto the ground. He scurried off to the oven, where a whole bag of sausage rolls covered in gold foil sat.

The oldest mouse walked in, trailing a chicken drumstick behind her. She placed it on the metal dish, before tapping it loudly. "What was that for?" the cat said, before noticing a dog wearing a spiked collar. "Thorn! I-I was just giving these..." she trailed off as the dog glared at her. "If you allow these mice to have a feast, then I will allow you some milk and catnip." the dog said in his gravelly voice. The cat simply nodded, pushing a tray of pastries over.

Both the mice and the cat had their feasts and were very happy.

The end.







For our THRIVE and well-being sessions, we have looked at mindfulness activities to help us self-regulate and self-reflect positively. We have had lots of fun this term and delighted to say that all the students have shown great effort towards their learning





Cliffsend Recreational Park and Pegwell Nature Reserve. We also went to Wetherspoons, where the students all purchased their own drinks from the counter and sat drinking with beautiful sea views.

To add to our community trips, we all went off to Vue cinema to watch the new film 'One Love', where we learnt about the life and struggles of the inspirational Bob Marley.



Neptune

Neptune attended the regional Kent Inclusive Sports table cricket event, hosted at the Canterbury cricket ground. Neptune represented the school in a positive manor and eventually only losing one game to the eventual winners.





Now the weather is getting nicer we have been using our trip time to get the students out and about with trips to

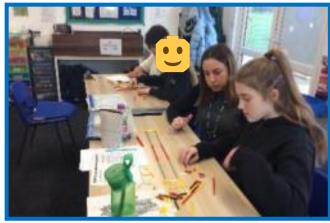


To add to our community trips Neptune have also been working on their independent skills within our on-site kitchen. The students have been making sandwiches, milkshakes, burgers from scratch or seasoning their own fried chicken.

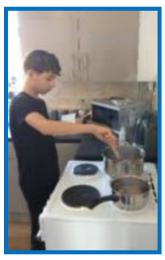
open forum about everyday internet/social media issues.

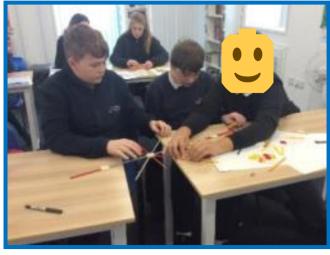
When EKC came in for a workshop the challenge was to make a bridge to hold the greatest weight. We worked as teams and used only the resources supplied.











The local Community Support Officer and a police colleague came in to speak to the students around internet safety. The students discussed how to keep themselves and others safe online and all seemed to benefit speaking in an







Saturn

Saturn class have been extremely busy with visits to various locations. At the end of term 3 we visited FujiFilm, in Broadstairs, where we learnt about the different processes of paint manufacturing; how the factory provides products globally; and career opportunities.





Returning in term 4 we caught the train from Thanet Parkway railway station to Margate station, for a safety tour. This included games relating to the areas of a railway; safety on the platforms; and films showing set ups of accidents, with real life incidents. Careers were discussed, giving students the ideas about conductors, maintenance and driving jobs, to name a few. The students were given small gifts from the safety officer, which were well received.





Another visit to Dover Leisure Centre focused on career ideas within the sports industry. Our tour took us around the well-equipped gym, swimming pool areas, sports hall and dance studios. The class were impressed with all the facilities including Clip n Climb. It gave them an insight into the numerous positions available at a leisure and sports centre.



Saturn have been working hard to get the allotment ready for April. They built beds for the vegetables, planters for the flowers and moving all the wood chip which will form our new paths around the site.





During science, Saturn and Jupiter classes have been completing various experiments. They have practised taking their blood pressure, with electronic devices; using temperature strips; exploring sugar levels in urine to identify diabetes; taste tests with sweet, sour, salty and bitter foods; warm and cold-water tests to explore the sensory system; and growing cress with three variables.









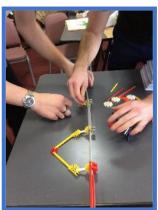
Jupiter

EKC - STEM workshop

EKC visited us at the start of the term and provided an exciting STEM workshop. The task was to create a bridge that could hold the greatest weight. We split into two teams and set about the task. As with all design tasks we started by creating some initial ideas. The best idea was then developed into a working model.







B-Tec Land based studies - LBS13

One section of our Land Based Studies course is estate maintenance. The first part of the unit is keeping the paths clear of obstacles. We created risk assessments of the site and tools and looked at the risks and precautions that









we could put in place to keep ourselves and others safe. We used brooms, spades, clippers and a wheelbarrow on this task and removed the waste.

ECK – Trainer workshop

We welcomed staff from EKC in for a second workshop where we were able to talk about graphic design and other careers. We had the chance to work on a real brief and to create a product for the target market. Here are some of the design that we created.











Nature Reserve trip

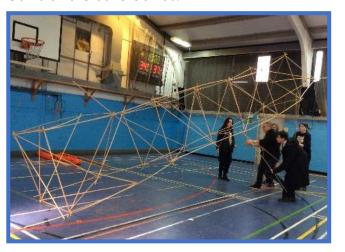
For our Friday discovery trip, we explored one of the paths in the Pegwell Bay Nature Reserve. We noticed the changes in the season as the buds changed on the trees signalling the arrival of spring. We discovered that Pegwell Bay was a line of defence during World War two. There was still evidence of this in the form of anti-tank cylinders, a Type 24 pillbox and 'Dragon's teeth'.





Architecture workshop

Jupiter had an architecture workshop this week. We were given the challenge to build a structure 10 meters high using only bamboo cains and elastic bands.



Jupiter worked as a team to achieve this and as you can see from the photograph, we were successful in our challenge.







Bowling at Bugsy's

For a Friday trip we decided to go bowling at Bugsy's. It was great to see everyone being so competitive. We played the first game with the barriers up which helped gain higher score. Here is Brad showing off his skills.





Turner Gallery Visit

For one of our Friday trips, we visited the Tuner Gallery in Margate. It was great to see such a wide range of work including some real classics by Bridget Riley and Barbara Hepworth. The theme of the exhibition was lines of abstraction and it looked at artwork produced by females 1950-1970. The pupils were fully engaged and spent time sketching various pieces of work.









Let's Go Escargot

We welcomed Madame Escargot (Audrey) from Let's Go Escargot to our class. This was an Easter special, so we explored key words like Le Lapin, Le poussin, L'agmeau, La carotte and Les cloches. Madame Escargot told us about the traditions in France and how they differ from those in the UK. Madame Escargot also told us about her fun raising Easter Market in Deal.







DofE

Very recently Jupiter took part in a bike expedition trial. The purpose of this bike trial was to determine if biking can be considered as the form of transport for their silver DofE expeditions in June and September.



The focus was to assess the class on their group bike skills, road safety awareness, levels of fitness, ability to listen and follow simple instructions, and general group conduct. The route followed the cycle path from just outside the School into Sandwich. From the toll bridge at Sandwich the group continued to Sandwich Bay where they had their lunch. After lunch the group cycled back to School. Overall, the trial was a great success with naturally some areas to improve on. Now the group must successfully complete a Level 1 & 2 bikeability to show that they have the necessary skills for a silver bike expedition.

First Aid

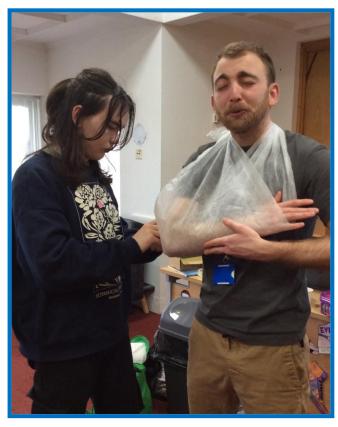
This term for DofE the focus was on first Aid. Students embraced this serious but important learning well. This is an element of the DofE award that needs to be covered in preparation for the expeditions that the students will complete over the next few years. On expedition, it is strongly recommended that Students carry their own small first aid kit. Some of the topics that were covered were the Primary Survey, CPR, the recovery position, and different types of Severe bleeding.











Year 8 football

In March the Y8's had another 6 aside football match. This was a home game against a team that we had played before at a football Tournament. As usual our students were very excited and motivated and were keen to play well. The game kicked off with an early goal from LSMS and then for the remaining first half the game was very even and competitive. Our students remained focused on the game and kept their heads up. The 2nd half soon opened and LSMS soon moved up a gear and the goals started rolling in. The final score was **8 – 0**. Well, done to all the players, they played with great determination and showed strong resilience.

PE

PE this term saw many different activities take place however there were two main focuses, health and fitness and a re-introduction to golf.



Health and fitness had the whole school taking part in circuit training, understanding different parts of their body and naming muscles.

Golf was a small introduction before the summer term begins, becoming familiar with the golf clubs and using the interactive screens at Stonelees golf course.

Here are some image from our interhouse sports competition in the gym. Our groups are made up of a mixture of different classes.









The Art Gallery (GCSE)

Here are some of the development stages leading to Leo's final idea. The finishing touches were added to his dragon. A little gold pen really helps to bring out the finer features of this fiery dragon. What a great bit of artwork Leo, well done.





Leo- Dragon, Acyclic paint, charcoal, marker, watercolour and gold pen

Next up in the art gallery is Alfie's Henry Moore inspired statue. Alfie created this ideas from a wide range of initial drawing.

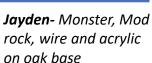


Alfie- Moore inspired statue, clay on MDF base

Some of the pupils have been inquiring about the uses of Mod rock. Here Jayden and Syd have explored just what you can do with this media. Jayden added a coat of acrylic paint whereas Syd added a black ink wash. I really think that Syd has captured the movement of this scary creation.









Tom- Pizza, acrylic, black marker pen



Syd- Dementor, Mod rock and wire frame on oak base



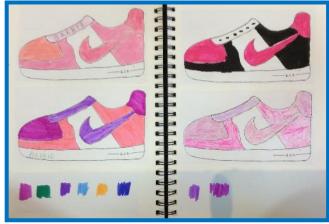
Beth- Sunrise - Mixed medium

Here is a closeup of Beth's work. It shows the detail that Beth has put into her work. She even used newspaper to add an extra layer of texture to her work.

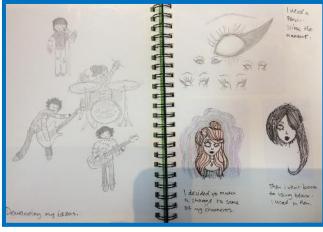








Harry- Trainer design - Mixed medium



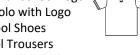
Georgie - Tim Burton inspire initial ideas-Pencil, pencil crayon and fine liner pen



School uniform

Life Skills Manor Uniform

Blue coat or Fleece with School Logo Blue Sweatshirt with School Logo White Shirt / Polo with Logo **Black School Shoes Black School Trousers** Black Skirt (Knee Length)



PE Kit

White Top with School Logo Black Joggers or Shorts **Black Trainers**



The Games Master

Games review by **Thomas Sullivan**



Crash Bandicoat

For term 4 I have looked at Crash Bandicoat. When playing the game, the aim is to complete the level. For example, in one level you must run dway from a bolder which is following you down. You have three lives to complete the challenge. If you die and you lose all your lives you must start the level again. If you have lives you will start back at the nearest check point. There are other games along the same theme such as a Mario cart style game. You can get this on Xbox which I feel works well. The best bit about the game is the game play, the worst thing about the game is the lack of lives.

Graphics Engagement Sound/Music Skill Level Overall

5/10

6/10

8/10

5/10

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